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# **Software Requirements Specification**

**for**

# **BabyBites**

**Version 1.0 approved**

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# **1. Introduction**

The first 1000 days of life have been identified as a sensitive period during which children are most vulnerable to behavioral and cognitive deficiencies (Roberts et al., 2022). The foundation for long-term health, cognitive development, and healthy eating habits is established by adequate nutrition during early childhood. However, 25-35 percent of new parents and caregivers find it difficult when transitioning their little ones from milk to solid foods (Norlyk et al., 2019). Typically, babies begin this transition around six months, starting with pureed foods before gradually moving to more textured solids (Kuo et al., 2010). This transition can be overwhelming for parents and caregivers, as it can be difficult to know which foods are safe at various stages, how to prepare them, and when to introduce certain utensils. According to the World Health Organization (WHO), in 2022 undernutrition was alarmingly associated with 45 percent of child deaths globally (WHO, 2023). To address this gap, BabyBites, a mobile-first web application is designed to guide parents and caregivers through the transition from milk to solids and eventually, to more complex meals appropriate for toddlers.

## **1.1 Purpose**

This document provides detailed specifications and requirements for BabyBites, a web-based application to assist parents and caregivers in making feeding transitions for their children.

## **1.2 Scope**

BabyBites is designed to support parents and caregivers as they guide their children through the critical transition from milk to solid foods by providing an easy-to-use, mobile-first web application. Designed to reduce overwhelm, BabyBites ensures balanced nutrition and helps babies and toddlers develop healthy eating habits. BabyBites provides parents and caregivers with expert-backed resources, meal preparation tips, alerts about allergies, choking hazards, and developmental milestones that will give parents and caregivers the peace of mind and the confidence to nurture their child's growth. The objective of BabyBites is to simplify decision-making, promote balanced nutrition, and give parents and caregivers peace of mind throughout the transition from milk to solid foods.

### 1.3 Definitions, Acronyms, and Abbreviations

Baby Profile	A user-created profile to categorize their children within the application.
Daily Report	A summary of user milestones and pertinent information regarding their child (i.e. food consumption, milestones, allergies).
Dashboard	The home page of the user. It features shortcuts to relevant pages and displays daily reports.
Filter	A sorting function that will allow specific items to be displayed based on input.
Food Database	A comprehensive database that allows users to look up various food, view nutritional information and access preparation tips.
Food Tracker	A log the user can modify to maintain a history of foods given to the child.
FoodData Central API	USDA's database for food that will be used as a source of information for the BabyBite's food datatable.
IDE (Integrated Development Environment)	A software application, such as VSCode, that provides tools for writing, testing, and debugging code.
Notification	An alert that will notify the user of important information (i.e. allergies, choking hazards).
Search	BabyBites' food searching feature.
User	Any person who has created an account and utilizes the application.

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## **1.5 Overview**

The remaining sections of this document are divided into two main parts: Overall Description and System Requirements. Section 2 provides a brief overview of BabyBites. Section 3 contains specific requirements, organized by feature.

## **2. Overall Description**

An overview of the BabyBites system is provided in section two, summarizing its key functional capabilities and intended users.

### **2.1 Product Perspective**

BabyBites is a mobile-first web application that supports parents and caregivers as their children transition from milk to purées and eventually to solids while also introducing utensil usage.

BabyBites provides expert-backed nutritional resources along with features such as personalized baby profiles, a food tracker, a comprehensive food database and daily reports. By offering clear guidance on safe food introductions, preparation tips, and potential allergy or choking hazards, BabyBites helps reduce the stress and uncertainty often associated with early feeding transitions.

### **2.2 Product Functions**

BabyBites allows parents and caregivers to create personalized baby profiles and use a food tracker to log both food and milk intake with timestamped entries, reactions and notes. A searchable food database provides age-appropriateness, preparation tips, allergen flags, choking-hazard guidance, and nutrition information. BabyBites also offers access to expert resources, sends configurable alert notifications, and generates daily reports that can be reviewed, exported, or shared.

### **2.3 User Characteristics**

The intended users of the BabyBites application are parents and caregivers who are transitioning a child's diet from milk to purees or purees to solid foods, and those teaching early utensil use.

### **2.4 Constraints**

N/A

### **2.5 Assumptions and Dependencies**

N/A